

Seminar Program

- 8:00-8:45** **Breakfast & Networking**
- 8:45-10:15** **Enabling Seniors' Mobility – Practically, Effectively & Safely - Dr. Avi Nativ, PhD PT**
Participants will learn the important “Why” & “How” of improving mobility and functional independence in a Senior population. They will be introduced to experiential learning with such tools as the Sit-to-Stand, Bungee Mobility Trainer, Exercise Wheelchair and Ankle Trainer. They will also be exposed to the use of biofeedback and videogame environments in improving residents' mobility.
- 10:15-10:30** **Break**
- 10:30-11:30** **Enabling Seniors' Mobility – Practically, Effectively & Safely Continued (Including Hands-on)**
- 11:30-12:00** **RAI-MDS Assessment and Planning of Rehabilitation- Dr. Avi Nativ, PhD PT & Jayne Harvey, RN**
Participants will learn where to get key information for the restorative nursing assessment. They will learn how to support their decision to include a resident in a Restorative Care program with outcome measures. Some particular areas within RAI MDS 2.0 that would be sensitive to training with the NeuroGym Enablers within a restorative nursing program will also be discussed. Participants will learn how to set appropriate goals and language for writing restorative interventions.
- 12:00-1:00** **Lunch**
- 1:00-1:30** **RAI-MDS Assessment and Planning of Rehabilitation Continued**
- 1:30-3:00** **Implementation-Jayne Harvey, RN**
This portion of the seminar will seek to address the challenges of consistently implementing and encouraging staff to make movement and functional independence part of the daily experience. Challenges and solutions will be suggested that fit within the routine of the day reinforcing RAI/MDS language; restorative actions and approaches; creating opportunities to ask restorative questions as part of report and performance expectations and understanding the impact of consistent movement on the greater quality outcomes for both resident and RAI/MDS quality indicators. Find out how routines and relationships can be changed to better realize the vision of improved resident movement and functional independence.
- 3:00-3:15** **Break**
- 3:15-4:30** **Clinical Discussion and Problem Solving**
Avi Nativ and Jayne Harvey
- 4:30-5:00** **For those who are interested, more hands-on training available**